

# Example Text: Procedure

## Follow Charles Sturt

**Goal:** To follow in the footsteps of Charles Sturt and his 1828–29 expedition and discover the mystery of the inland sea.

### Steps:

1. Start at the town of Wellington in New South Wales, which lies north-west of Sydney, near the beginning of the Macquarie River.
2. Follow the river in a north-westerly direction. When you reach the swamps and marshes, you will need to detour around them so that you and the horse don't get stuck. Turn right and head north for a few days, before turning west again.
3. By now you will have reached the Bogan River. Follow this dry river bed for several days.
4. When you get to a large gum tree lying across the dry bed, cross to the western side of the Bogan River. It is only a short trek north-west until the river branches out, both left and right. You have now found the Darling River.
5. Turn around and follow the way you came to return to Wellington.
6. The mysteries of the inland sea will have to wait until your next expedition.

Look at the map to the right. Can you mark the route taken by Sturt and his expedition?

### Provisions

- team of experienced explorers
- a diary
- large water bottles
- navigational equipment
- canned and dried food
- basic first aid supplies
- pack horses
- sleeping bags or blankets

