

Example Text: Biography/Autobiography

Biography of Cathy Freeman

Cathy Freeman was born in 1973 in the Town of Mackay in Queensland. She became one of Australia's most famous athletes. As a youngster, Cathy was coached by her step father Bruce Barber and she won her first gold medal when she was 8 years old, at a school athletics carnival.

Due to her sporting abilities, Cathy won a scholarship to the Kooralbyn International School in Brisbane. So in 1989 her family also moved to Brisbane to be close to Cathy. At this time, she was no longer being coached by her step father, but by professional coach Mike Danila.

In 1990, Cathy moved to Melbourne. That same year she participated in the Commonwealth Games in Auckland where she won a gold medal in the 4 x 100m relay. This was the first gold medal to an Aboriginal woman in an International athletics competition.

In the 1994 Commonwealth Games in Canada, she won both the 200m and the 400m events, following which she ran a lap of honour carrying both the Aboriginal and Australian flags. At the time such actions were very controversial.

It is known that controversy did not stop her and she went on to win the 400m World Championship in both 1997 and again in 1999.

Many people say that the highlight of her magnificent career occurred in the year 2000, when she lit the Olympic flame in Sydney and won her one and only Olympic Gold Medal in the 400m.

Cathy Freeman retired from competitive athletics on July 15th 2003.

(Cathy Freeman, 2007 [online www.kidcyber.com.au])

