

Example Text: Biography/Autobiography

Biography of Sister Kenny

Elizabeth Kenny was a kind and caring country nurse who helped many people, mainly children.

She was born in 1880 and grew up in the Australian bush. Her father was a farmer who travelled a lot and took his family with him. It is known that Elizabeth spent her early years caring for her sick brother.

In 1910 she became a nurse. During her work, she saw children who were sick with polio. This disease made them weak and crippled, and many of them died. At the time, there was no cure for polio.

Sister Kenny certainly remembered how she had cared for her brother. She placed warm, wet towels on the sick children and exercised their muscles gently. After a while, they became strong and even walked again. But some doctors did not agree with her natural treatments and they tried to stop her.

Nevertheless, Sister Kenny kept working and opened up clinics all around the world. She spent her whole life helping others and this made her very happy.

