

Name:

Class:

Teacher:



Duckworth's Meal Ideas

Dinner for a dollar!

Looking for a tasty dinner on a budget? This classic **tomato penne** is quick, easy and delicious, and at around one dollar per serve, it won't break the bank!

• Preparation time: **5 mins** • Cooking time: **10 mins** • Serves: **4**



Ingredients

Find in-store at Duckworth's

	Cost
340 g can Duckworth's Choice Diced Tomatoes	\$0.75
400 g Duckworth's Choice Dried Penne	\$0.75
1 bunch fresh basil	\$2.00
1 brown onion	approx. \$0.30 at \$2.00/kg
2 garlic cloves	approx. \$0.40 per garlic head at 12.99/kg

Total cost: approx. \$4.20
That's just \$1.05 per serve!

From your pantry

Pinch sugar
 Salt and freshly ground black pepper
 1 tbsp. vegetable oil or olive oil
 If you need to buy oil, we recommend Duckworth's Choice Extra Virgin Olive Oil at only \$5.15 for 500 mL!

Preparation

1. Pick the basil leaves from the stalks. Finely chop the stalks. Tear or chop the leaves into small pieces.
2. Peel the garlic cloves and crush or finely chop.
3. Peel and dice the onion.

Cooking

1. Heat the oil in a large frying pan on medium heat.
2. Add the diced onion first and cook until soft, stirring frequently. Do not cover.
3. Next, add the basil stalks and crushed garlic. Continue stirring for 1 minute.
4. Then add the tomatoes and around half of the torn basil leaves. Bring to the boil.

5. Reduce heat and simmer for around 5–7 minutes, until the sauce thickens.
6. Meanwhile, cook the pasta in a saucepan of salted boiling water for 9 minutes or until *al dente*.
7. When the sauce is thick, stir through a pinch of sugar. Season to taste with salt and pepper. Remove from heat.
8. Drain the pasta in a colander, and then toss the pasta and sauce together.
9. Finally, place the remaining basil leaves on top before serving.

Variations

You can create lots of different tasty meals based on this classic dish! For a cheesy finish, dust with Duckworth's Choice Grated Parmesan. For a seafood twist, mix through a tin of Duckworth's Choice Tuna in Brine. Add some sliced fresh chilli with the garlic for a fiery touch.

Tasks

Answer the questions to complete an extended personal response to this text.

Duckworth's supermarket wants feedback on their recipe advertisement. We're asking you for a few moments of your time to complete this short survey.

Glossary

adjective: A word that describes or modifies a noun. For example: the **small** box; a **sleepy** child; an **African** design; a **true** story; **three** merchants; a **harsh** winter; a **smoother** tone.

adjectival phrase: A phrase that gives more information about a noun. For example: That story was **more interesting**.; The girl **with the cast on her leg** sat near the back.

imperative mood: A way of writing a sentence so that it gives a direction or seeks an active response. For example: Leave here!; Go to the supermarket for oranges.; Preheat the oven.

Survey

1 Did the title grab your attention? Tick one box.

Absolutely Very much so Kind of Not really Definitely not

2 Did the photograph make you feel the meal was worth making? Tick one box.

Absolutely Very much so Kind of Not really Definitely not

3 Do you think the text would appeal to an audience interested in cooking cheap, easy-to-prepare meals? Tick one box.

Absolutely Very much so Kind of Not really Definitely not

4 Which instruction do you think is the easiest to follow? Rate them in order from 1 to 4 (1 = easiest to follow, 2 = somewhat easy to follow, 3 = not very easy to follow, 4 = most difficult to follow).

Next, add the basil stalks and crushed garlic.

Drain the pasta in a colander, and then toss the pasta and sauce together.

When the sauce is thick, stir through a pinch of sugar. Season to taste with salt and pepper.

Reduce heat and simmer for around 5–7 minutes, until the sauce thickens.

- 5 Explain why you chose your number 1 in question 4. Does the use of imperative mood help you to understand the instructions? Explain why or why not.

- 6 Give Duckworth's some feedback about their recipe advertisement. Does this advertisement encourage you to shop at Duckworth's? Explain why or why not.

- 7 Think about how adjectives and adjectival phrases such as 'salted' and 'pot of boiling water' provide extra detail to the nouns in the advertisement. What was the effect of this?

- 8 Write three paragraphs that summarise your feedback on *Dinner for a dollar!* Use your answers to questions 1 to 7 to write the paragraphs.

Teacher comments